



## The Art of Authentic Listening

Communication is the most important skill in life. As children growing up, we were taught how to read and write and then spent years improving the way we speak. However, when did we focus on listening through our early years of development? What training did we receive in our schools? The fact is, we didn't.

In today's digital era, we are more distracted, self imposed or not, and our attention to others is becoming less authentic and supportive. As a result, we must consciously make a choice and effort to be present in our conversations in order to develop trusting relationships with others.

The basic skill of active listening can help you create meaningful and lasting connections.

Participants will learn:

- Three levels of active listening
- How to create space for others to be seen and heard
- Trusting your intuition
- Compassionate communication tools and techniques
- Authentic leadership strategies

### **SPEAKER**

Lorie Corcuera  
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SPARK Creations is a heart based leadership and empowerment organization that provides highly interactive and fun experiential learning and development, strategic visioning and leadership alignment, and people and culture programs for individuals, teams and organizations. As the Co-Founder and Creative Essence Originator (CEO), Lorie is energetic, driven, and tireless in her pursuit of self development and people contribution. Over the past 18 years, Lorie has cultivated her coaching, leadership development, and people and culture development experience as both a strategic and progressive senior human resources leader. Lorie is also the Co-Chair for the BC HRMA Learning and Development Roundtable, the Director of Leadership Development, Leadership Coach and Facilitator for Corporate Symphony International, and the Co-Founder and President of Enspire Foundation.

### **BOOKING**

Workshop Fee: \$450.00 for 60 to 90 minutes